



Malecek Team Wrestling Camp LLC

CAMP SCHEDULE - JULY 2021

19
MON

2:00 - 5:30 PM	WRESTLING FACILITY OPEN - Woodside Center Teams arrive for weigh-ins & skin checks.
3:00 - 5:30 PM	CAMP CHECK-IN - Woodside Center Head coaches only, full payment due
5:30 - 6:15 PM	COACH'S MEETING - Woodside Center
6:30 - 9:00 PM	DUALS (2) - Woodside Center
9:00 - 10:00 PM	MEAL - Riverview Ballroom
11:00 PM	LIGHTS OUT

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TUE

7:30 - 8:30 AM	MEAL - Riverview Ballroom
7:00 AM	WRESTLING FACILITY OPEN - Woodside Center
9:00 - 10:00 AM	TECHNIQUE (all athletes & assistant coaches) - Woodside Center
9:00 - 10:00 AM	HEAD COACH SESSION w/Dave Malecek - Woodside Center Foyer
10:00 - 11:15 AM	TEAM BUILDING/TECHNIQUE - Woodside Center <i>1/2 teams with Team Building</i> <i>1/2 teams with Guest Clinicians</i>
12:00 - 1:00 PM	MEAL - Riverview Ballroom
2:30 - 5:30 PM	DUALS (2) - Woodside Center
5:15 - 6:15 PM	MEAL - Riverview Ballroom
5:30 - 8:30 PM	COACH'S GOLF OUTING - Riverview Golf Course
7:00 - 9:00 PM	COACH'S SOCIAL - Golf Course Club House Tent
7:00 - 10:00 PM	FREE TIME (indoor waterpark open until 9PM)
11:00 PM	LIGHTS OUT

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WED

7:30 - 8:30 AM	MEAL - Riverview Ballroom
7:00 AM	WRESTLING FACILITY OPEN - Woodside Center
9:00 - 11:00 AM	DUALS (2) - Woodside Center
12:00 - 1:00 PM	MEAL - Riverview Ballroom
2:30 - 3:30 PM	TECHNIQUE (all athletes & coaches) - Woodside Center
3:30 - 4:45 PM	TEAM BUILDING/TECHNIQUE - Woodside Center <i>1/2 teams with Team Building</i> <i>1/2 teams with Guest Clinicians</i>
5:00 - 6:00 PM	MEAL - Riverview Ballroom
6:00 - 10:00 PM	INDIVIDUAL TOURNAMENT - Woodside Center
11:00 PM	LIGHTS OUT

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THU

7:30 - 8:30 AM	MEAL - Riverview Ballroom
7:00 AM	WRESTLING FACILITY OPEN - Woodside Center
7:30 - 8:15 AM	TEAM PICTURES - Woodside Center
9:00 - 11:30 AM	DUALS (2) - Woodside Center
11:30 - 12:00 PM	CHECKOUT