

EMERGENCY ACTION PLAN

Malecek Team Wrestling Camp

June 23 - 26, 2025



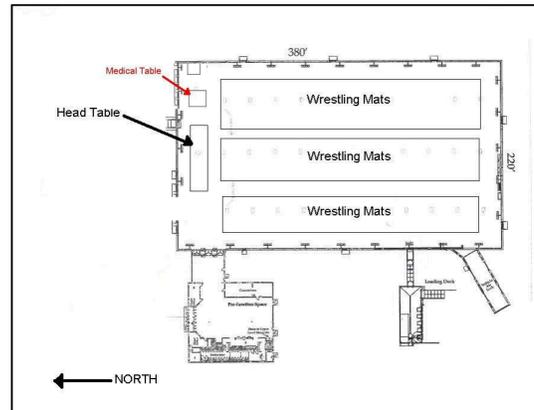
Event Location: Woodside Wisconsin Dells Center
2100 River Road
Wisconsin Dells, WI 53965

On-site coverage provided by licensed Athletic Trainers during wrestling and technique sessions:

Nick Winkler, LAT <i>*Main contact if coach has medical question/concern</i>	920-639-6425
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Emergency Equipment/Supplies:

- AED provided by facility, plus one brought by LAT-located at medical table
- Stabilizing Splints
- Medical/first aid supplies



EMS - Emergency Care (911 Response)

- Will be utilized as necessary. Emergency Care provided by Dells-Delton EMS Services.
- EMS will automatically transfer to SSM Health-St. Clare Hospital (based on proximity)
- EMS has been given schedule of wrestling camp and will be notified of live wrestling times
- EMS is to be directed to the pedestrian air-lock located on southwest side of Woodside Wisconsin Dells Center



Local Medical Facilities

- SSM Health Urgent Care-Lake Delton
530 Wisconsin Dells Parkway South
Wisconsin Dells, WI 53965
(608) 254-5959
Open Daily 9 a.m. - 8 p.m.
- SSM Health-St. Clare Emergency Room
707 14th Street
Baraboo, WI 53913
(608) 356-1400
***Open 24 Hours

Malecek Team Wrestling Camp LLC

www.mwrcamp.com - malecekwrestling@gmail.com

2025 Malecek Team Wrestling - Camp Schedule



MONDAY, JUNE 23

(Waterpark open 10-9)

2:00 - 5:00 PM	Weigh-ins/skin checks	Woodside Center
3:00 - 5:30 PM	Camp check-in (<i>Head Coaches only</i>)	Woodside Center Upper Level
6:00 - 6:15 PM	Coaches meeting	Woodside Center Upper Level
6:30 - 9:00 PM	2 Duals All boys teams	Woodside Center
6:30 - 9:00 PM	Dual/s: ALL girls teams	Woodside Center
6:30 - 8:30 PM	Challenge mat	Woodside Center
8:00 - 10:00 PM	Meal	Riverview North & South
11:00 PM	Lights out	

TUESDAY, JUNE 24

(Waterpark open 10-9)

7:00 - 8:00 AM	Meal	Riverview North & South
7:00 AM	Wrestling facility open	Woodside Center
9:00 - 11:00 AM	2 Duals: All boys teams	Woodside Center
9:00 - 11:00 AM	2 Duals: All girls teams	Woodside Center
9:00 - 11:00 AM	Challenge mat open	Woodside Center
11:30 - 12:30 PM	Meal	Riverview North & South
2:30 - 3:30 PM	Technique (all athletes & coaches)	Woodside Center
3:30 - 4:45PM	Team Building/Technique 1/2 teams - Team Building 1/2 teams - Technique w/Lead Clinicians	Woodside Center
5:00 - 6:00 PM	Meal	Riverview North & South
6:00 - 10:00 PM	All Star Dual: boys	Woodside Center
6:00 - 10:00 PM	All Star Dual: girls	Woodside Center
6:00 - 10:00 PM	Individual tournament: boys	Woodside Center
6:00 - 10:00 PM	Individual tournament: girls	Woodside Center
11:00 PM	Lights out	

WEDNESDAY, JUNE 25

(Waterpark open 10-9)

7:00 - 8:00 AM	Meal	Riverview North & South
7:00 AM	Wrestling facility open	Woodside Center
9:00 - 10:00 AM	Coach session-All Head Coaches w/Dave Malecek)	Woodside Center
9:00 - 10:00 AM	Technique (all athletes & assistant coaches)	Woodside Center
10:00-11:15AM	Team Building/Technique 1/2 teams - Team Building 1/2 teams - Technique w/Lead Clinicians	Woodside Center
11:30 - 12:30 PM	Meal	Riverview North & South
2:30 - 5:30 PM	2 Duals: All boys teams	Woodside Center
2:30 - 5:30 PM	2 Duals: All girls teams	Woodside Center
2:30 - 5:30 PM	Challenge mat open	Woodside Center
5:30 - 6:30 PM	Meal	Riverview North & South
7:00 - 8:30 PM	1 Dual: All boys teams	Woodside Center
7:00 - 8:30 PM	1 Dual: All girls teams	Woodside Center
7:00 - 8:30 PM	Challenge mat open	Woodside Center
11:00 PM	Lights out	

THURSDAY, JUNE 26

(Waterpark open 10-7)

7:00 - 8:00 AM	Meal	Riverview North & South
	Teams need to check out of resort PRIOR to last wrestling session	
8:00 AM	Wrestling Facility Open	Woodside Center
9:00 - 9:45 AM	Team photos	Woodside Center
10:00 - 11:30 AM	2 Duals: All boys teams	Woodside Center
10:00 - 11:30 AM	2 Duals: All girls teams	Woodside Center
10:00 - 11:30 AM	Challenge mat open	Woodside Center
	Waterpark is open for teams all day, showers available at indoor waterpark	

2025 MWC Team Camp Technique Schedule



Tuesday, June 24

2:30 - 3:30 PM							
Technique - all athletes & coaches							
TECHNICIAN	MAT	TEAMS					
Michael Douglas	1	Albert Lea	Batavia	Bemidji	Brainerd	Buffalo	Cambridge-Isanti
Tate Flege	5	Cameron	Coon Rapids	Denmark	Franklin Central	FZ Wrestling	Geneseo
Noah Leisgang	9	Glenbard East	Glenbrook South	Grayslake Central	Illinois Top Dawgs	Lena/Bonduel	Lodi
Talan Schutte	13	Long Prairie Grey Eagle-Bowerville	Mahtomedi	Marathon	Mauston	Millie Lacs	Minnewaska
Eddie Simes	17	Octonto Falls	Oswego	Oswego East	Pequot Lakes	Pulaski	Reedsburg
Tanner Gerber	21	Rochester Century	Roncalli	Savanna Maysville	Thunderbirds	United North Central	
Tyler Dormanen	25	Vernon Hills	Waukee	Waunakee	Waverly Shell Rock	WCAABE	
Nolan Hertel	29	Weyauwega-F	Wheaton W South	Wisconsin Rapids	CR Xavier	Zimmerman	

3:30 - 4:45 PM							
(half teams w/guest clinicians & half teams w/team building)							
GUEST CLINICIAN	MAT	TEAMS					
Zach Cook	1	Albert Lea	Batavia	Bemidji	Brainerd	Buffalo	Cambridge-Isanti
		Cameron					
Michael Kemmerer	13	Coon Rapids	Demark	Franlink Central	FZ Wrestling	Geneseo	Glenbard East
		Glenbrook South	Grayslake Central				
Jordan Crass	22	Illinois Top Dawgs	Lena/Bounduel	Lodi	Long Prairie	Mahtomedi	Marathon
		Mauston					
Alara Boyd	32	All Girls (from above teams)					

TEAM BUILDING	TEAMS						
	Millie Lacs	Minnewaska	Octonto Falls	Oswego	Oswego East	Pequot Lakes	
	Pulaski	Reedsburg	Rochester Century	Roncalli	Savanna Maysville	Thunderbirds	
	United North Central	Vernon Hills	Waukee	Waunakee	Waverly Shell Rock	WCAABE	
	Weyauwega-F	Wheaton W South	Wisconsin Rapids	CR Xavier	Zimmerman		

Wednesday, June 25

9:00 - 10:00 AM							
Technique - all athletes & assistant coaches (head coaches @ Coach Session)							
TECHNICIAN	MAT	TEAMS					
Eddie Simes	1	Albert Lea	Batavia	Bemidji	Brainerd	Buffalo	Cambridge-Isanti
Tanner Gerber	5	Cameron	Coon Rapids	Denmark	Franklin Central	FZ Wrestling	Geneseo
Tyler Dormanen	9	Glenbard East	Glenbrook South	Grayslake Central	Illinois Top Dawgs	Lena/Bonduel	Lodi
Nolan Hertel	13	Long Prairie Grey Eagle-Bowerville	Mahtomedi	Marathon	Mauston	Millie Lacs	Minnewaska
Michael Douglas	17	Octonto Falls	Oswego	Oswego East	Pequot Lakes	Pulaski	Reedsburg
Tate Flege	21	Rochester Century	Roncalli	Savanna Maysville	Thunderbirds	United North Central	
Noah Leisgang	25	Vernon Hills	Waukee	Waunakee	Waverly Shell Rock	WCAABE	
Talan Schutte	29	Weyauwega-F	Wheaton W South	Wisconsin Rapids	CR Xavier	Zimmerman	

10:00 - 11:15 AM							
(half teams w/guest clinicians & half teams w/team building)							
GUEST CLINICIAN	MAT	TEAMS					
Zach Cook	1	Millie Lacs	Minnewaska	Octonto Falls	Oswego	Oswego East	Pequot Lakes
		Pulaski					
Michael Kemerer	13	Reedsburg	Rochester Century	Roncalli	Savanna Maysville	Thunderbirds	United North Central
		Vernon Hills	Waukee				
Jordan Crass	22	Waunakee	Waverly Shell Rock	WCAABE	Weyauwega-F	Wheaton W South	Wisconsin Rapids
		CR Xavier	Zimmerman				
Amani Jones	32	All Girls (from teams above)					

TEAM BUILDING	TEAMS						
	Albert Lea	Batavia	Bemidji	Brainerd	Buffalo	Cambridge-Isanti	
	Cameron	Coon Rapids	Demark	Franlink Central	FZ Wrestling	Geneseo	
	Glenbard East	Glenbrook South	Grayslake Central	Illinois Top Dawgs	Lena/Bonduel	Lodi	
	Long Prairie	Mahtomedi	Marathon	Mauston			



Malecek Team Wrestling Camp LLC

CAMP RULES

- o Your team must respect others at the resort and wrestling facility (i.e. camp staff, lifeguards, security, resort staff, other teams, as well as other guests at the resort and waterpark). If a serious problem occurs, your athlete/s may be asked to leave camp. Parents will be notified and may have to pick up their child. There will be no refunds.
- o Dangerous or destructive behavior (including but not limited to, vandalism/damage of resort property, cliff jumping, car surfing, balcony climbing, theft) will be cause for immediate dismissal from camp. Parents will be notified and may have to pick up their child. There will be no refunds.
- o Your team will be held responsible for any damage/destructive behavior committed by your team in the resort, waterpark, or wrestling facility. *Please note: Coaches are required by the resort to put a credit card on record (for their team) with the resort in case of any such damage.
- o ANY item thrown from a balcony will result in a \$50/item fee by the resort. They do have numerous cameras in the resort area so it is not difficult for them to figure out which room/team to charge.
- o Teams and team members are required to pick up after themselves in the resort and wrestling arena. This includes any trash, personal items, cups, water bottles, etc.
- o Participants must be respectful of other resort guests when in the waterpark area and resort. Stay off little kid's slides in the water park area and do not roughhouse in the waterpark. Failure to follow these rules and lifeguard instructions will result in loss of waterpark privileges for your entire team for the remainder of camp and may result in expulsion from camp. Resort security will be monitoring these areas and will provide us with the names of teams who have lost waterpark privileges. Wristbands for these teams will be removed.
- o Teams and team members must stay off the golf course. Resort security will be monitoring these areas.
- o Male & female campers will be housed separately and should not be rooms other than those to which they are assigned. Failure to comply may result in expulsion from camp.
- o Teams may not gather in large groups in the resort hotel rooms. This often creates noise complaints, and hotel security will investigate.
- o In registering for this camp, coaches, participants, and parents have agreed to follow camp rules and acknowledge that failure to do so may result in immediate expulsion from camp with no refund of camp payment.



Malecek Team Wrestling Camp LLC

WRESTLING GUIDELINES

- o WEIGHT CLASSES FOR CAMP (14 weight classes for boys & girls as listed below)
 - o BOYS - 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285
 - o GIRLS - 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235
- o WEIGH-INS - All wrestlers will be weighed in upon arrival at camp. There is a 7-pound weight allowance (i.e., 112lbs = 106 weight class)
- o SKIN CHECKS - All wrestlers will have to pass skin checks during weigh-ins. Please review the Infection Prevention Checklist with your team. Any athlete with questionable skin issues will not be allowed to compete without a doctor's written clearance. If an athlete is currently being treated for a skin problem, he/she must bring a doctor's written clearance to participate.
- o WELLNESS - Please remind your athletes and coaches that if they are not feeling well they should refrain from any activity where they are around others.
- o Teams should wear singlets for matches. Freestyle/high school singlets are acceptable
- o Athletic trainers will be present at the wrestling sessions. However, each team must bring a MED KIT with supplies for taping, blood cessation, and sanitation. Clean up your blood.
- o Our college athletes will be the referees, your team must be respectful. Each team will supply 1 table worker to run the clock and scoreboard during each dual.
- o The microphones for Flo-Track are live at the score tables. Team members should be respectful and know that their words can be heard by viewers. We often receive reports on teams from fans watching the live stream and MWC staff will talk with the head coach if an issue is reported.
- o Time periods for duals will be 2-1-1. Time periods for the individual tournament will be 1-1-1.
- o There will be a 4-man - Round Robin Tournament Tuesday night along with an All-Star Meet. The All-Star lineup will be selected by MWC staff with recommendations from coaches
- o Challenge Mats are available at one end of the arena. Anytime an athlete wants extra matches, just send them to the mat and we will set it up. Athletes can get up to 15 extra matches on the challenge mat.
- o FARM OUT/PICK UP PROCESS - Coaches may farm extra athletes out to other teams needing specific weights to get them more matches. Coaches may also pick up athletes to fill holes in their lineup. This process is completely optional. We will email a farm out form to head coaches in early June. Coaches choosing to participate must complete form by deadline indicated (usually a week prior to camp)..
- o RULES - We use the rules set forth by the WI High School Wrestling Association (2024) Three changes were implemented:
 - o 3pt take down
 - o 4pt near-fall
 - o Out-of-bounds rule amendment



Malecek Team Wrestling Camp LLC

INFECTION PREVENTION PLAN

Communicable disease/COVID-19 - In registering for camp you are acknowledging the exposure risks arising from participation (including coaching). This includes the potential for exposure to, and illness from infectious, communicable diseases, including COVID-19. The risk of serious illness and death does exist. MTWC cannot and does not guarantee, warrant, or represent that participants and coaches will not contract a communicable disease, including but not limited to COVID-19, as a result of participation in MTWC activities.

INFECTION PREVENTION REQUIREMENTS OF TEAMS

All athletes and coaches must understand that strict compliance with protocol reduces the risk of infection.

SKIN CHECKS - All wrestlers will have to pass skin checks by a certified athletic trainer during weigh-ins. Any athlete with questionable skin issues will not be allowed to compete without a doctor's written clearance. If an athlete is currently being treated for a skin problem, he/she must bring a doctor's written clearance to participate.

- Reducing risk of skin infection demands a multi-factorial approach (skin, environment, and equipment)
- Coaches and athletes should wash hands, arms and face prior to each match and prior to every training or competition if a shower isn't reasonable/possible.
- Athletes **MUST** notify athletic trainer and coaches if he/she feels a herpes outbreak beginning (i.e., itching, burning, tingling, pain; often around eyes or mouth; or a skin rash) so appropriate action can be taken to reduce the outbreak time and protect other athletes.
- Treat skin abrasions immediately after each practice or competition.
- Coaches and athletes should shower immediately after each practice or competition. Clothing and equipment should also be cleaned.

WELLNESS - Please remind your athletes and coaches that if they are not feeling well they should refrain from any activity where they are around others.

- Reducing risk of other communicable disease including COVID-19 requires multi-faceted approach including masking, social distancing, hand washing, vaccine, and avoiding contact with others if you feel ill.
- Athletes **MUST** notify athletic trainer and coaches if he/she feels unwell (including but not limited to: fever or chills, cough, shortness of breath/difficulty breathing, fatigue, muscle/body aches, headache, new loss of taste or smell, sore throat, congestion/runny nose, nausea/vomiting, or diarrhea) so appropriate action can be taken to quarantine the individual and protect other athletes.
- Individuals attending camp (who are not immunized) are encouraged to attain a negative COVID-19 test within 72 hours of the start of camp.

INFECTION PREVENTION - MALECEK TEAM CAMP

Malecek Team Wrestling Camp staff will disinfect floor mats and equipment prior to every practice or competition with disinfectant/EPA registered bactericide, virucide, fungicide and mildewstat specifically approved for use in athletic venues.

- Disinfectant will be applied using a pump sprayer and microfiber mop to avoid cross contamination. Surfaces will be agitated to remove contamination and allowed to air dry.
- Sanitation stations will be available in the wrestling facility.



2025 MALECEK WRESTLING TEAMS

TEAM	TEAM	TEAM
Albert Lea Area, MN	Mahtomedi, MN	Rochester Century, MN
Batavia, IL	Long Prairie Grey Eagle Browerville Wolves, MN	Roncalli, IN
Bemidji Lumberjacks, MN	Grayslake Central, IL	Savannah-Maysville, MO
Brainerd Warriors, MN	Illinois Top Dawgs, IL	Thunderbirds, IL
Buffalo, MN	Lena/Bonduel, WI	United North Central, MN
Cambridge-Isanti, MN	Marathon, WI	Vernon Hills, IL
Cameron, MO	Mautson, WI	Waukee Warriors, IA
Coon Rapids, MN	Mille Lacs Raiders, MN	Waunakee, WI
Denmark, WI	Minnewaska, MN	Waverly-Shell Rock, IA
Franklin Central Falshes, IN	Oconto Falls, WI	WCAABE Knights, MN
FZ Wrestling Club, MO	Oswego East, IL	Weyauwega-Fremont, WI
Geneseo, IL	Oswego, IL	Wheaton Warrenville South, IL
Glenbard East, IL	Pequot Lakes Pine River-Backus, MN	Wisconsin Rapids, WI
Glenbrook South, IL	Pulaski, WI	Xavier-Cedar Rapids, IA
Lodi, WI	Reedsburg, WI	Zimmerman, MN



Weigh ins
& Check-in



Cold Water Canyon
Golf Course

Outdoor
Reception Area

Pesos O' Plenty Game Room

Lost Rios
Indoor Waterpark

2501 River Road
P.O. Box 30
Wisconsin Dells, WI 53965
1-800-388-4782
(608) 254-8366
www.chulavistaresort.com
info@chulavistaresort.com



LOCATED JUST 3 MILES NORTH OF WIS. DELLS ON HWY 13

Highway 13

Golf Villas
Rooms 7101-7114,
7201-7214, 7301-7310

Golf Villas
Rooms 7115-7132, 7215-7232,
7315-7332, 7416-7431

Future Riverwalk
to Wisc. Dells (3 mi)

Indoor Walkway to Waterpark

Scenic Route to Downtown Wisc. Dells

Chula
Vista
Drive
To Hwy 13



2025 Malecek Team Camp Code of Conduct



Administrative Procedure – Code of Conduct for Malecek Team Camp Participants

This code of conduct applies to all attendees of the 2025 Malecek Team Wrestling Camp during the 2025 camp dates of June 23, 2025 through June 26, 2025. Names of participants (athletes, coaches, staff) have been provided to Chula Vista Resort from Malecek Wrestling Camps along with corresponding schools/clubs that these participants are representing. Chula Vista Resort and the Wisconsin Dells Center are the hosts of Malecek Team Wrestling Camp for 2025 and has assigned this code of conduct to all those participating in this year's event.

Chula Vista Resort and the Wisconsin Dells Center's goal is to provide a fun and safe environment for the attendees to have an educational experience as well as enjoy the camaraderie of their athletic teams. Participants are expected to behave and act in ways which are consistent with good sportsmanship, leadership, and appropriate moral conduct. The Code of Conduct listed below describes the expectations and goals of Chula Vista Resort and Malecek Team Camp. Please note that this list does not contain a complete list of inappropriate behaviors for participants attending the Malecek Team Camp at Chula Vista Resort and the Wisconsin Dells Center.

A participant may be excluded from competition and/or activities during any period in which an investigation is being conducted by Chula Vista Resort Security or Malecek Team Camp Staff regarding the participant's conduct. All Participants of Malecek Team Camp will be expected to demonstrate good citizenship and exemplary conduct during competition, instructional sessions and free times.

This code of conduct will be enforced from the time of Registration/Check-in until the participants leave the premises and the end of the Camp. Chula Vista Resort and Malecek Team Camps reserve the right to remove any participant from the premises at their discretion.

Name of School or Team _____

Name of Head Coach _____

By signing this document, I am verifying that a copy of the 2025 Malecek Code of Conduct has been provided to me and my participants. If any participants registered under this school/team name violate this code of conduct, I understand disciplinary action may follow, including eviction from the Resort and Camp and that reimbursement may not be available to that participant.

Signature _____

Date _____

Code of Conduct

A participant registered and attending Malecek Team Camp at Chula Vista Resort and the Wisconsin Dells Center will be subject to disciplinary action if he/she violates the Code of Conduct. Anonymous reports of code violations may be investigated by Chula Vista Resort Security and/or Malecek Team Camp Staff. Please note that this list does not contain all the inappropriate behavior/acts that can be qualified as in need of disciplinary action.

All participants (wrestlers, coaches, staff) shall not:

1. use a beverage containing alcohol if under the age of 21 years
2. use tobacco in any form if under the age of 18 years;
3. use, possess, buy, sell, barter, or distribute any illegal substance or paraphernalia;
4. use, possess, buy, sell, barter, or distribute any object that is or could be considered a weapon or any item that is denominated as a "look alike" weapon
5. attend a party or other gathering and/or ride in a vehicle where alcoholic beverages and/or controlled substances are being consumed by minors;
6. act in an unsportsmanlike manner; specifically:
 1. Absolutely no wrestling in guestrooms
 2. No running in the hallways
 3. Absolutely no jumping or rough housing on hotel beds (frames can bend/break and must then be replaced at cost of team/coach)
 4. Do not use the elevators; all athletes (unless injured) should use stairways
 5. Do not cut through landscaped areas, including the golf course and areas close to the river; participants should stay on paved walkways
 6. Do not swim or enter the Wisconsin River at any time
7. vandalize or steal; any damages reported will be charged to the coaches account that the wrestlers are registered to
8. haze other guests or participants; whistling, inappropriate comments and use of explicit language/profanities will not be allowed
9. violate the written rules for the activity or sport;
10. operate heavy machinery (such as golf carts, vehicles) without adult supervision
11. behave in a manner which is detrimental to the good of the group or organization;
12. falsify any of the information contained on any permit or permission form required by the activity or sport.
13. no attendees of camp shall enter/swim in the Wisconsin River at any time
14. outside guests that are not attending camp or registered as camp attendees are not allowed inside athlete guestrooms at any time
15. Due Process Procedures

Participants who are accused of violating the Code of Conduct are entitled to the following due process:

1. The participant will be advised of the disciplinary action to follow the accusation of the violation.
2. The participant, along with his/her school/team representative, shall be entitled to a meeting before the appropriate department to level the charges against him or her, whether from Chula Vista Resort and/or Malecek Team Camps.
3. The participant will be able to respond to any charges leveled by the administrator of the department against him or her.
4. The participant may provide any additional information he or she wishes for the administrator to consider.
5. The administrator of either department from Chula Vista Resort or Malecek Team Camps may interview material witnesses or others with evidence concerning the case. If the administrator finds, after reviewing the evidence, that the violation occurred, he/she will impose sanctions on the participant, as follows:
 6. Sanctions for violations other than drug and alcohol will be based on the nature of the offense, and the number of previous offenses, and may include suspension from Camp activities or restriction of use of Resort facilities (waterpark, guestroom, etc) for a specified period or percentage of events, competitions, or practices; for the remainder of the camp, the possibility of eviction from Chula Vista Resort Property and Malecek Team Camp with no refunds
 7. Sanctions for alcohol and other drug violations will be turned over to local authorities resulting in possibility of citations from the city of Wisconsin Dells; also, any participant found guilty of possession/consumption of alcohol and/or other drugs will be evicted from Chula Vista Resort property and Malecek Team Camp. No refunds will be issued to the school/team and participants legal guardian will be required to immediately collect participant from camp at their own expense.
8. Students will be required to serve any suspensions immediately.
9. All decisions made by Chula Vista Resort and Malecek Team Camps are final and will not have the ability to be appealed.
10. All final decisions for Code of Conduct violations will be submitted in writing to both Chula Vista Resort and Malecek Team Camps, as well as the participant who is in violation. Communication between legal guardians and Chula Vista Resort/Malecek Team Camps is encouraged in the event of an eviction.