



Malecek Team Wrestling Camp LLC

PACKING LIST

ATHLETES SHOULD BRING:

- o Wrestling equipment (i.e., headgear, singlets, etc.)
- o Workout gear, singlets (optional)
- o Money for incidentals (i.e., snacks/apparel items) optional
- o Swimsuit or trunks

COACHES SHOULD ALSO BRING:

- o Each team must bring their own MedKit with supplies for taping and blood cessation. Athletic trainers will be present during wrestling sessions.
- o Golf clubs (optional) Coaches have the option to golf at the resort prior to the social. Space is limited, sign-up will start in early June.

Please note:

- o *Malecek Wrestling Camps LLC is not responsible for valuables lost or stolen at camp. We recommend that athletes DO NOT bring valuables to the wrestling complex.*
- o *Teams should remember to lock ALL doors in resort rooms (including patio doors, even on upper levels) when leaving room unattended.*