

2023 Malecek Team Wrestling - Camp Schedule

SCHEDULE: tentative



Mat Assignments

MONDAY, JUNE 26

(Waterpark open 10-7)

2:00 - 5:00 PM	Weigh-ins/skin checks	Woodside Center	
3:00 - 5:30 PM	Camp check-in (<i>Head Coaches only</i>)	Woodside Center Upper Level	
5:30 - 6:15 PM	Coaches meeting	Woodside Center Upper Level	
6:30 - 9:00 PM	Dual/s All boys teams	Woodside Center	4-22
6:30 - 8:30 PM	Challenge mat	Woodside Center	23-27
6:30 - 9:00 PM	Dual/s: ALL girls teams	Woodside Center	1-3
9:00 - 10:00 PM	Meal	Conference Center	
11:00 PM	Lights out		

TUESDAY, JUNE 27

(Waterpark open 10-7)

Mat Assignments

7:00 - 8:00 AM	Meal	Conference Center	
7:00 AM	Wrestling facility open	Woodside Center	
9:00 - 11:00 AM	2 Duals: All boys teams	Woodside Center	
9:00 - 11:00 AM	2 Duals: All girls teams	Woodside Center	
9:00 - 11:00 AM	Challenge mat open	Woodside Center	23-27
11:30 - 12:30 PM	Meal	Conference Center	
2:30 - 3:30 PM	Coach session - All Head Coaches w/speaker)	Woodside Center	4-22
2:30 - 3:30 PM	Technique (all athletes & assistant coaches)	Woodside Center	4-22
3:30 - 5:00 PM	Team Building/Technique 1/2 teams - Team Building 1/2 teams - Technique		
5:00 - 6:00 PM	Meal	Conference Center	
6:00 - 10:00 PM	All Star Dual: boys	Woodside Center	1
6:00 - 10:00 PM	Individual tournament: boys	Woodside Center	2-27
6:00 - 10:00 PM	Individual tournament: girls	Woodside Center	1-3
11:00 PM	Lights out		

WEDNESDAY, JUNE 28

(Waterpark open 10-9)

Mat Assignments

7:00 - 8:00 AM	Meal	Conference Center	
7:00 AM	Wrestling facility open	Woodside Center	
9:00 - 10:00 AM	Coach session - All Head Coaches w/speaker)	Woodside Center	Foyer
9:00 - 10:00 AM	Technique (all athletes & assistant coaches)	Woodside Center	4-22
9:00 - 10:00 AM	Team Building/Technique 1/2 teams - Team Building 1/2 teams - Technique	Woodside Center	
11:30 - 12:30 PM	Meal	Conference Center	
2:30 - 5:30 PM	2 Duals: All boys teams	Woodside Center	
2:30 - 5:30 PM	2 Duals: All girls teams	Woodside Center	
2:30 - 5:30 PM	Challenge mat open	Woodside Center	23-27
5:30 - 6:30 PM	Meal	Conference Center	
5:30 - 8:30 PM	Coach's Golf Outing	Resort Golf Course	
7:00 - 10:00 PM	Free time		
8:00 - 11:00 PM	Coaches social	Resort Golf Clubhouse	
11:00 PM	Lights out		

THURSDAY, JUNE 29

(Waterpark open 10-7)

Mat Assignments

7:00 - 8:00 AM	Meal	Conference Center	
7:00 AM	Wrestling Facility Open	Woodside Center	
8:00 AM	Team photos	Woodside Center	
8:30 - 11:30 AM	2 Duals: All boys teams	Woodside Center	4-22
8:30 - 11:30 AM	2 Duals: All girls teams	Woodside Center	
8:30 - 11:30 AM	Challenge mat open	Woodside Center	23-27
11:30 - 12:20:00 PM	Resort check out	Resort	