

# 2025 Malecek Team Wrestling - Camp Schedule



## MONDAY, JUNE 23

(Waterpark open 10-9)

2:00 - 5:00 PM	Weigh-ins/skin checks	Woodside Center
3:00 - 5:30 PM	Camp check-in ( <i>Head Coaches only</i> )	Woodside Center Upper Level
6:00 - 6:15 PM	Coaches meeting	Woodside Center Upper Level
6:30 - 9:00 PM	2 Duals <b>All boys teams</b>	Woodside Center
6:30 - 9:00 PM	Dual/s: <b>ALL girls teams</b>	Woodside Center
6:30 - 8:30 PM	Challenge mat	Woodside Center
8:00 - 10:00 PM	Meal	Riverview North & South
11:00 PM	Lights out	

## TUESDAY, JUNE 24

(Waterpark open 10-9)

7:00 - 8:00 AM	Meal	Riverview North & South
7:00 AM	Wrestling facility open	Woodside Center
9:00 - 11:00 AM	2 Duals: <b>All boys teams</b>	Woodside Center
9:00 - 11:00 AM	2 Duals: <b>All girls teams</b>	Woodside Center
9:00 - 11:00 AM	Challenge mat open	Woodside Center
11:30 - 12:30 PM	Meal	Riverview North & South
2:30 - 3:30 PM	Technique (all athletes & coaches)	Woodside Center
3:30 - 4:45PM	Team Building/Technique 1/2 teams - Team Building 1/2 teams - Technique w/Lead Clinicians	Woodside Center
5:00 - 6:00 PM	Meal	Riverview North & South
6:00 - 10:00 PM	All Star Dual: <b>boys</b>	Woodside Center
6:00 - 10:00 PM	All Star Dual: <b>girls</b>	Woodside Center
6:00 - 10:00 PM	Individual tournament: <b>boys</b>	Woodside Center
6:00 - 10:00 PM	Individual tournament: <b>girls</b>	Woodside Center
11:00 PM	Lights out	

## WEDNESDAY, JUNE 25

(Waterpark open 10-9)

7:00 - 8:00 AM	Meal	Riverview North & South
7:00 AM	Wrestling facility open	Woodside Center
9:00 - 10:00 AM	Coach session-All Head Coaches w/Dave Malecek)	Woodside Center
9:00 - 10:00 AM	Technique (all athletes & assistant coaches)	Woodside Center
10:00-11:15AM	Team Building/Technique 1/2 teams - Team Building 1/2 teams - Technique w/Lead Clinicians	Woodside Center
11:30 - 12:30 PM	Meal	Riverview North & South
2:30 - 5:30 PM	2 Duals: <b>All boys teams</b>	Woodside Center
2:30 - 5:30 PM	2 Duals: <b>All girls teams</b>	Woodside Center
2:30 - 5:30 PM	Challenge mat open	Woodside Center
5:30 - 6:30 PM	Meal	Riverview North & South
7:00 - 8:30 PM	1 Dual: <b>All boys teams</b>	Woodside Center
7:00 - 8:30 PM	1 Dual: <b>All girls teams</b>	Woodside Center
7:00 - 8:30 PM	Challenge mat open	Woodside Center
11:00 PM	Lights out	

## THURSDAY, JUNE 26

(Waterpark open 10-7)

7:00 - 8:00 AM	Meal	Riverview North & South
	<b>Teams need to check out of resort PRIOR to last wrestling session</b>	
8:00 AM	Wrestling Facility Open	Woodside Center
9:00 - 9:45 AM	Team photos	Woodside Center
10:00 - 11:30 AM	2 Duals: <b>All boys teams</b>	Woodside Center
10:00 - 11:30 AM	2 Duals: <b>All girls teams</b>	Woodside Center
10:00 - 11:30 AM	Challenge mat open	Woodside Center
	Waterpark is open for teams all day, showers available at indoor waterpark	